



Works Guide

“Anyone can retire from a world of work, but it is quite another thing to find something to protirement to,” Richard P. Morgan.

Adult Wellness and Caring

Addictive behavior
AD and other dementia
Communication
Cultivation of an inter-generational culture
Death and dying preparation
Effective disciple-making
Fall prevention
Grief share
Mental issues
Nutritional issues
Physical issues
Sexuality issues
Sleep issues
Social issues
Spiritual issues
Establishment of a system to have meaningful contact with those leaving full-time employment and six months thereafter
Evangelism to the unchurched
Grandparenting

Helping oneself and others finish extremely well
Individual lay ministry leader philosophy
New beginnings and positive longevity attitude nurturing
A benevolent and generous lifestyle
Volunteering and working alongside gifted pastors

Expressions of Advice

When you wake up in the morning thank the Lord
Take a 5-30 minute walk each day
Sit in silence for at least ten minutes each day
Listen to music each day
Live the 3E's...Energy, Enthusiasm, Empathy
Live the 3F's...Faith, Family, Friends
Spend more time with people older and younger than yourself
Dream more while you are awake
Try to make three people smile each day
Smile and laugh more
Life is not fair but it's good
Life is too short to hate anyone
Don't take yourself too serious
You do not have to win every argument.
Agree to disagree.
Make peace with past to avoid messing up the present or future
Don't compare your life to others
Today is special burn the candles, use the good towels and best sheets
Only you are in charge of your happiness
Forgive everyone everything
What others think of you is none of your business

God heals everything
However good or bad a situation it will
change
Get rid of anything not usefull, beautiful or
joyful
Believe the best is yet to come
Do the right thing
Call your family often
Remember you are too blessed to be
stressed
Enjoy the journey
Play more games than last year
Read more books than last year
Don't miss an opportunity hug family and
friends
Learn something new each day
Appreciate your body as it is awesome
Life is beautiful
Each night thank God

Change Aging Intolerance and Conflict

Lack of the corporate church to act on a life
stage, elderhood (age 65-84) life after
graduation from the public sector

Lack of support for second-half lay ministry
“to” and “among” and “by” and “with” due to
the “self-appointed, holier than thou, good
old boy’s God club”

Lack of full-scale ministry to the whole
person for the entire life

Change Unconstitutional Government

Our government is moving from
democracy towards socialism, and
communism

Executive Order rather than by
congressional legislation

Attempts to remove God as the essential part of our heritage

Mandatory retirement, an ageist national retirement policy has eliminated capable adults from the work force

Usurping one of the roles of the Church--- general social welfare

Creating division among real workers and the entitled non-workers, haves and have not's, rich and poor, old and young, black and white

Wealth shifting: single and married tax rate schedules, social security, Medicare, war on poverty, Obama Health Care, unemployment

Trying to make the weak strong by making the strong weak

Unsustainable debt for social welfare

Not balancing the national budget

Lack of English and immigration border enforcement

Gun control