

Works Planning Guide

"Anyone can retire from a world of work, but it is quite another thing to find something to protirement to," Richard P. Morgan.

Adult Wellness and Caring

Addictive behavior

AD and other dementia

Communication Cultivation of an inter-generational culture

Death and dying preparation

Effective disciple-making

Fall prevention

Grief share

Mental issues

Nutritional issues

Physical issues

Sexuality issues

Sleep issues

Social issues

Spiritual issues

Establishment of a system to have meaningful contact with those leaving full-time employment and six months thereafter

Evangelism to the unchurched

Grandparenting

Helping oneself and others finish extremely well

Individual lay ministry leader philosophy

New beginnings and positive longevity attitude nurturing

A benevolent and generous lifestyle

Volunteering and working alongside gifted pastors

Expressions of Advice

When you wake up in the morning thank the Lord

Take a 5-30 minute walk each day

Sit in silence for at least ten minutes each day

Listen to music each day

Live the 3E's...Energy, Enthusiasm, Empathy

Live the 3F's...Faith, Family, Friends

Spend more time with people older and younger than yourself
Dream more while you are awake
Try to make three people smile each day
Smile and laugh more
Life is not fair but it's good
Life is too short to hate anyone
Don't take yourself too seriously
You do not have to win every argument
Agree to disagree
Make peace with past to avoid messing up the present or future
Don't compare your life to others
Today is special burn the candles, use the good towels and best sheets
Only you are in charge of your happiness
Forgive everyone everything
What others think of you is none of your business
God heals everything
However good or bad a situation it will change
Get rid of anything not use full, beautiful or joyful
Believe the best is yet to come
Do the right thing
Call your family often
Remember you are too blessed to be stressed
Enjoy the journey
Play more games than last year
Read more books than last year
Don't miss an opportunity hug family and friends
Learn something new each day
Appreciate your body as it is awesome
Life is beautiful
Each night thanks God

Change Aging Intolerance and Conflict

Lack of the corporate church to act on a life stage, elderhood (age 65-84) life after graduation from the public sector

Lack of support for second-half lay ministry "to" and "among" and "by" and "with"
Lack of full-scale ministry to the whole person for the entire life